CELEBRATING OUR STRENGTHS

On September 8, Caroline Fromm Lurie and Brian Lurie graciously hosted a Garden Party to kick off the 2018 - 2019 Academic Year for Friends of the Fromm Institute Board Members, Fromm Institute Faculty and Staff. All enjoyed delicious food, warm weather, and engaging company in a wonderful back yard. Thank you Caroline and Brian for such a special time, and thank you to our Board and Faculty for your contributions to our preeminent program. While the Fromm Institute is the first learning in retirement program, we do not rest on those laurels alone. It is the contributions of our Board, Faculty and Staff that make us the best learning in retirement program.
PLEAS BE ON TIME AND SILENCE YOUR CELL PHONES

As a courtesy to your faculty members and to your fellow students, please arrive to class on time. Should you arrive late, please make every effort to enter the room without making too much of a commotion and close the doors quietly. Additionally, every student who carries a cell phone with them should silence the device before class begins. Thank you for your help in keeping our classrooms free of unintended distractions.

LET’S BE SCENT SENSITIVE

Here is a reminder to all that some of our members do have an unpleasant reaction to the colognes and perfumes that others wear easily. For the sake of all, please use your favorites sparingly. Thank you.

YOUR LAST CHANCE TO ADD A COURSE TO YOUR SCHEDULE

An Important detail to keep in mind is that of our Census Date. The last day that you can add a course to your schedule is Thursday, Sept. 27. While you can drop a course for any reason at any time, keep in mind that if you wish to add another course, and it is open, the last day to make that change is at the end of the third week of classes. Thank You!

IN THE GALLERY

Artists Amy Hosa and Tim Campbell are exhibiting their work in the Maier Hallway Gallery this session. The show is up until December, so stop by and check out Amy’s powerful show about her son and Tim’s amazing photographs. If you’d like to exhibit your own art work contact Scott Moules in the Fromm Institute office who can schedule a show for you.

ACTIVITY HALLWAYS DISPLAY RACKS

In the Display Racks you will find brochures on Travel Programs, Performing Arts material such as select Programs from current and recent shows and performances for you to look through, and info that USF and other civic organizations wish to share with you. Peruse them as you would like taking anything home with you except those expressly marked “FROMM HALL COPY: DO NOT REMOVE.” That way we will have season programs especially for the entire year for you to reference. You will also find “ARTS MONTHLY” magazines on the tables nearby.
A VARIETY OF TOPICS RISING ON THE MEDICAL LECTURE HORIZON

Each year in the Fall Session through this great series, Dr. Melvin Cheitlin does a magnificent job of placing some rather controversial, and often, “just plain different” medical topics before the students at Fromm. This newsletter never fails to remind you that if you attend them on Wednesday mornings at 10 a.m., you’ll be well on your way to a better understanding of some pretty complicated stuff. Our second, third and fourth of eight are on deafness, teeth and Nanotechnology. Please join us throughout the session as these topics might appeal to you. They are all available to you just by taking a seat in the Xavier Auditorium that day thanks to the diligence of our Series Coordinator, Dr. Cheitlin.

Sept. 26: “Beyond Hearing Aids: Current & Future Treatments for Hearing Loss” with Jeffrey Sharon, M.D., Professor in the Otology, Neurotology, and Skull Base Surgery division, and he is also the Director of the Balance and Falls Center in Department of Otolaryngology – Head and Neck Surgery (OHNS) at the University of California, San Francisco.

Oct. 3: “Teeth & Titanium” with Arun Sharma, BDS, MS, Clinical Prof. of Denitistry, UCSF. Dr. Arun Sharma serves as a prosthodontist, or specialist in developing artificial replacements for parts of the mouth and jaw, for head and neck cancer patients as well as for patients of the UCSF Craniofacial Center. In addition to treating patients, he is a clinical professor and director of the residency program in prosthodontics at the UCSF School of Dentistry.

Oct. 10: “Nanotechnology as Therapy" with Tejal Desai, Ph.D., Professor and Chair of Bioengineering, UCSF. Dr. Desai’s research brings together advanced micro and nanotechnologies, fundamental insight into cellular behavior in engineered environments, and novel pharmacologic delivery approaches to address disease treatment and clinical translation. By taking advantage of our understanding of how cells respond to engineered materials and our ability to fabricate precise structural domains, her lab seeks to design new platforms to overcome existing challenges in therapeutic delivery.

WALK DON’T RUN

A Mid-day Meet-Up Walking club for Fromm members led by Zohar Lahav

This group is a “meet up” – a walking group of independent adults who meet for the purpose of walking during breaks from Fromm Institute Classes. The walk leader is Zohar Lahav. Currently students walk about 30 minutes to the Golden Gate Park and back, including both light downhill and uphill segments. Walks will be held on Mondays, Wednesdays and Thursdays this session. Meet by the front entrance to Fromm Hall. For more information on the walking group seek out Zohar, he’s here on Mondays, Wednesdays and Thursdays.
This Fall Semester, our Fromm Scholarship recipient, Kathleen Doherty, will be providing assistance with technology. Please feel free to approach her with questions regarding smart phones, computers, myUSF login, wifi connections, etc. She will be available on Mondays from 9 a.m. to 10 a.m. and 11:45-12:45 p.m. and on Wednesdays from 12 - 1 p.m. in the Fordham Atrium at the Fromm Institute. Along with technology assistance, Kathleen will be hosting a lunchtime social club a few afternoons during the semester. Generation to Generation is a social club for Fromm and USF students to join for lunch and socialize with one another. It is a great way to meet fellow students on campus! Look out for emails and flyers with more information about the social club. Kathleen is looking forward to spending time at Fromm and getting to know everyone! Please stop by and introduce yourself when you see her around.

“Come on in, the water’s ... well, very deep and very weird.”

“The Swimmer” an acclaimed short story by John Cheever, a movie starring Burt Lancaster, a box office flop, a cult classic, and an anatomy of despair in mid-20th century America will be the subject of our “Fromm conversation” this semester. Read the story (only 10 pages and available online); come and watch the movie with us on October 15th at 3pm; and a week later, at noon on Oct. 22nd, join our conversation about it all: the story, the movie, the success of the adaptation and, if you like, despair.

A NEW NEWSLETTER SECTION - JUST FOR YOU

Do you have a favorite local restaurant close to Fromm that serves a good lunch?
Have you seen a local play that other Frommies might like?
Are there things about Fromm you would like to change?
Would you like to create a group such as a reading group, a movie group, a weekend walking group?

Or would you simply like to communicate with other Frommies about things on your mind (nothing too rude!) If so this new corner in the rooftop is the place for you! Write whatever you’d like, put it in email form and send it to the newly appointed editor of "Express Yourself,” Scott Moules. Email your expressions to Scott at fromm@usfca.edu.

TECHNOLOGY 101 AND SOCIAL CLUB:
GENERATION TO GENERATION

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TOUR & TRAVEL NEWS

“Oh! the places we’ve been and the things we’ve seen!” by Susan Kennelly

As I end 18 years as Fromm’s Tour & Travel Organizer, I look back on so many wonderful people and the many places we’ve traveled. Were you with us on our River Cruises on the Danube, the Rhone, the Columbia or the Seine, maybe our Ocean Cruises to Alaska, Mexico or through the Panama Canal…or perhaps you trekked on safari in Africa or rode in comfort over an Alpine pass?

Whether you chose to go to far-flung places like Australia and New Zealand, through South America to Argentina, Brazil and Chile or selected sites closer to home like The Rose Parade, Gardens and Mansions of the South, Fall Foliage in New England or Historic Trains in Colorado…saw tulips blooming in the Netherlands…visited religious sites in the Holy Land…swam in the Galapagos or were on one of our six trips to Cuba…I was happy to be part of your world adventures. And let us not forget our standby, the Ashland Shakespeare Festival, for 18 summers.

I hope you will keep on traveling – I will! Next for me a 17-day cruise along western Mexico with ports in Guatemala, Nicaragua, Costa Rica, Panama, through the Canal, and up through the Caribbean to Florida.

Continued happy travels! - Susan Kennelly

PLEASE NOTE:

Prof. Fracchia will not meet his class this Thursday, September 20. He will hold a make-up class during “Make-Up” Week. More information on “Make-Up” Week will be available in our last newsletter.

FROM THE PRESIDENT

“Greetings and Welcome to the 2018 Fall Session” by Lois Roach

Welcome to both new and returning students from your Fromm Institute Student Association (best known as FISA). The Student Association Council consists of four Officers, four Steering Committee members and up to two volunteer members. FISA exists to enhance the social life of Fromm’s student community. You can meet your FISA Officers and Steering Committee members when you pay your voluntary dues to the Student Association at the FISA Dues Desk and you will receive a complimentary Fromm Institute notebook.

FISA asks for a $5.00 voluntary contribution (dues) per Session or ($15.00 for the academic year) from each student. The money we collect pays for the events and goodies sponsored by FISA, such as noontime concerts, cookies, cupcakes and holiday candy. We will gladly accept your dues at the FISA Desk located in the Maraschi Hallway behind Xavier Auditorium. Please help support the activities which your Student Association’s Council have and are planning for your enjoyment.

FISA Officers and Steering Committee members will be wearing a colorful badge, please stop anyone of us, at any time with your creative ideas and constructive criticism on ways we can extend FISA’s social agenda mission.

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Continued happy travels! - Susan Kennelly
**FISA SPECIAL PERFORMANCE**  
“Why Would I Mispronounce My Own Name?” by Linda Marks

Join us on **Tuesday, October 2 at noon** as **Irma Herrera** presents a segment of her one-woman play, “Why Would I Mispronounce My Own Name?” After the performance she will lead a discussion of how we foster better relationships with each other in an increasingly multicultural world.

**Play Description:** What’s in a name? A minefield of misplaced notions – comical, sad, demeaning. Irma’s observations from the front-lines, notes from American history, and laugh out-loud humor allow us to consider what it will take for all of us to get along.

Irma Herrera is a playwright and solo performer. When she gives her name its correct Spanish pronunciation, some people assume she’s a foreigner. She’s not. Irma proudly claims her Tejano roots and her Mexican and American identity as well as her native languages: Spanish and English. Irma worked three decades as a San Francisco lawyer and journalist. Why Would I Mispronounce My Own Name? will have a run at the Marsh Theater in San Francisco from **October 25 - December 8**.

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**MATINÉE**  
“Come to the Movies” by Maxine Einhorn

Here’s a calendar of all the after school movies we are showing this session. Movies will explore two classes being taught this Fall: Prof. Michael Zimmerman’s class on Henry James’s The Ambassadors and Prof. Larry Eilenberg’s Mockumentary and Docudrama course. Please note there are some special start times and some unique room assignments as well. See you at the movies!

<table>
<thead>
<tr>
<th>Date</th>
<th>Movie Details</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday 1st</td>
<td>The Innocents (1961) 1 hour 39 mins Directed by Jack Clayton</td>
<td>3pm Manschi</td>
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<tr>
<td>Wednesday 3rd</td>
<td>Zelig (1983) 1 hour 19 mins Directed by Woody Allen</td>
<td>3pm Manschi</td>
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<tr>
<td>Monday 22nd</td>
<td>The Golden Bowl (2000) 2 hours 10 mins Directed by James Ivory</td>
<td>3pm Manschi</td>
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<tr>
<td>Wednesday 24th</td>
<td>Cathy Comes Home (1966) 1 hour 15 mins Directed by Ken Loach</td>
<td>3pm Maier ***</td>
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<tr>
<td>Wednesday 31st</td>
<td>Silkwood (1983) 2 hours 11 mins Directed by Mike Nichols</td>
<td>2.45pm Maier *** Note early start</td>
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<tr>
<td>Monday 15th</td>
<td>The Swimmer (1968) 1 hour 35 mins Frank Perry &amp; Sydney Pollack</td>
<td>3pm Broad Room</td>
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*** note room
COMMAND PERFORMANCES

“Welcome and Welcome Back”  by Robert Morgan

Welcome to all new and my fellow returning students...hope your summer was a great one. This begins my 18th year as your Performing Arts Representative and continues my 22nd year at Fromm (hard to believe). As always, this month begins the new “Season” for the performing Arts in the Bay Area and there are lots of great things heading our way in the upcoming months. Be sure to check out the middle display racks which I have stoked with lots of Season Brochures and postcards for individual show as well as the September issue of Arts Monthly. In addition I have planned 5 programs this term that are sponsored by our Student Association. Your volunteer student dues help support many of these so be sure to stop by the Student Kiosk in the Activities Hallway and pay them asap. Look for me in front of the display racks on Wednesday afternoons and all day Thursdays before and during break if I can help answer any performing arts questions. Here is what to look forward to this semester.

THURSDAY, SEPTEMBER 20, at Noon: My Performing Arts Q&A which I have every term will be in the Maraschi Room. I encourage all new students (and any returning ones) to attend as I will discuss how as Fromm students with your Fromm/USF student ID, you will be able to get student discounts whenever you order tickets. And will cover lots more in the 40 minutes I have between classes.

WEDNESDAY, OCTOBER 3, AT NOON: I have invited Bill English from THE SAN FRANCISCO PLAYHOUSE to come and talk to us about his Theater and the Playhouse’s current season. It looks like a very interesting season ahead so be sure to join us in the Maraschi room then and be sure to pick up a season brochure in the display racks before if you are interested.

TUESDAY, OCTOBER 9, AT NOON: The first of three SAN FRANCISCO CONSERVATORY OF MUSIC CONCERTS I have arranged will be in the Maraschi Room. A Brass ensemble will perform.

THURSDAY, OCTOBER 18, AT NOON: Those of you who attended the May concert will recall the 2 sopranos who performed from the Conservatory. I have invited them back to do a concert of Belle Canto songs, which will follow Professor Cranna’s morning lecture on Rossini and Belle Canto. This is a “do not miss” and will be a sellout for sure, so get there early and we will start promptly at noon.

MONDAY, OCTOBER 22, AT NOON: Our final SF CONSERVATORY concert of the term will be a Jazz Combo with students from the newly formed Jazz degree program at the Conservatory. Those of you who heard the concerts last year from some of these students know how truly gifted they are and will be sure to be there for this too. All these concerts are in the Maraschi Room and start promptly at noon and are always full, so do not miss them and put them on you calendars now and be sure to remind your fellow students that somehow miss reading this column.

SAN FRANCISCO OPERA: Opera fans have a chance to order 50% select student series and the forms are in the middle display racks now, but do not hesitate as the season has already begun and you will miss out if you do not take advantage asap.

Have a great semester and I look forward to seeing you out and about at many great performances in the coming months.
TWO TOURS AND A THEATRICAL EVENT FROM PROF. LYNNE KAUFMAN

Lynne Kaufman, playwright and Fromm Professor, is offering three theatrical events to the Fromm Community. Two exclusive theatre travel programs: London Theatre: An Insiders View - a tour in March 2019 and, and the annual Ashland Shakespeare Festival Tour in June, 2019. Preliminary fliers for the London Theatre: An Insiders View are available in the Activities Hallway.

Closer to home, her play ACID TEST: THE MANY INCARNATIONS OF RAM DASS plays weekends at The Marsh Theatre San Francisco from September 21, 2018 to November 3, 2018. ACID TEST, which ran for nearly a year in 2013, is being brought back thanks to the many requests of the Fromm students who saw David Keith's performance at the Art of Storytelling Class last Spring.

USF’S GREAT LIBRARY WELCOMES YOU

This Fall, Matthew Collins, MLIS, distinguished and personable reference librarian, will offer several library events throughout the session from tours, to pop-ops, to a Zine Workshop. Times and dates will be announced throughout the session. But for now, the first event will be a talk on “What’s New at the Gleson Library” – a great way for the uninitiated or the slightly familiar to discover what lies just to the east of Fromm Hall.

The “What’s New at the Gleson Library Talk” will be held in the Berman Room on Monday, October 1 from noon to 12:40 p.m. This is a “Listen and Learn” Lunchtime Talk sponsored by the Fromm Institute administration and will discuss the library website and a few of the resources found there. It will answer questions like: how to find a book in the Ignacio Catalog; how to get a book from Link+ when Gleson doesn’t have that book; and how to find a newspaper or journal; and how to view movies.

Matthew Collins, MLIS, has been with the Gleson Library since 1997. He worked many years in the Access Services Department and is currently a Reference Librarian liaison to the Fromm Institute.

Remember, at all “Listen & Learn” lunchtime events you can pay in advance and pre-order a box lunch. Prices for the Bon Appetite Box Lunch that will include a sandwich, drink of your choice, pasta salad and cookie, will be $10 and waiting for you in the Berman Room. Box Lunch order forms can be obtained from the Fromm Institute Office.

UPCOMING EVENTS & LUNCHTIME TALKS

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<thead>
<tr>
<th>Event</th>
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<tr>
<td>Library Pop-Up</td>
<td>Tuesday, Sept. 18, Noon</td>
<td>Robert E. Fordham Atrium</td>
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<tr>
<td>Performing Arts Q &amp; A</td>
<td>Thursday, Sept. 20, Noon</td>
<td>Maraschi Room</td>
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<tr>
<td>New Members Meet &amp; Greet</td>
<td>Mon. - Thurs. Sept. 24-27, Noon</td>
<td>Broad Room</td>
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<tr>
<td>Getting to Know Gleson Library</td>
<td>Monday, Oct. 1, Noon</td>
<td>Berman Room</td>
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<tr>
<td>Irma Herrera Performance</td>
<td>Tuesday, Oct. 2, Noon</td>
<td>Maraschi Room</td>
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<tr>
<td>SF Playhouse/Bill English</td>
<td>Wednesday, Oct. 3, Noon</td>
<td>Maraschi Room</td>
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