



THE FROMM INSTITUTE  
FOR LIFELONG LEARNING  
AT THE UNIVERSITY OF SAN FRANCISCO

FALL 2018

FROMM FOCUS

THE NEWSLETTER OF THE FROMM INSTITUTE

Issue #4 • Oct. 15, 2018

## CELEBRATE THE HOLIDAYS WITH THE FROMM INSTITUTE

The season Andy Williams called “the most wonderful time of the year” is upon us once again. This year, on **Tuesday, December 11 & Wednesday, December 12**, Fromm Hall will be filled with lights to celebrate the Winter Holidays. Tickets (required for participation in the Holiday Lectures) are available for **\$75 each day**. Your ticket includes the morning and afternoon lectures along with lunch, laughter, and friendship. Best of all, your purchase includes a contribution to the Fromm Gerontology Scholarship which grants a deserving USF Junior a \$5,000 scholarship toward their tuition in their Senior year. This year, **\$40 of each ticket purchased is tax-deductible**. Stop by the Fromm Institute office to get your tickets today – only 200 are available!! Here is a more detailed list of our program (and menu) for each day:

### TUESDAY, DECEMBER 11, 2018

**10 a.m. The Johann Strauss Family – Their History and Music** Prof. David Bisno

David Bisno returns to sweep us away with the beauty and tragedy, of this talented family and their three-quarter time music. Learn about their, feuds, jealousy, sex and betrayal living in a city that was desperate but not serious, in a country that sparkled with waltzing but was unraveling between vineyard and Danube. Through the personal and political chaos, the Strauss family composed hundreds of waltzes and polkas to which the Viennese – anxious to forget their troubles – danced and drank as they and their country hurtled towards the First World War, and oblivion.

**LUNCH:** For this special day of music, select either **Grilled Herb-rubbed Filet Mignon** or **Wild Caught Salmon with Gremolata**. No matter which you choose it will be accompanied by a green salad, choice of garlic or gorgonzola mashed potatoes, seasonal vegetables, artisan breads, iced water, coffee and mixed berry tartlets for dessert.

**1 p.m. The French Connection: Fauré, Debussy, and Ravel** Prof. Foglesong

Scott Foglesong takes us on a journey with these three wonderful composers who, from the late 19th through the early 20th centuries, established a style and an overall sound that has become, for many, the very definition of “French music.” We’ll be taking a look at them, and particularly we’ll be luxuriating in the effulgence of their music— from chansons to orchestral works to choral works to chamber music.

### WEDNESDAY, DECEMBER 12, 2018

**10 a.m. After the Mid-Terms: What Next?** Prof. Rothmann

John Rothmann looks back and helps us anticipate the future after the November 2018 elections. What are the implications of the mid terms? What are the prospects for 2020? Will the Mueller report make a difference? Join us to see where we are as events continue to unfold on a daily basis.

**LUNCH:** A day of history and current events deserves a good helping of comfort food. Choose from **Hearty Meat Lasagna** layered with ricotta cheese, caramelized onions, bell peppers and marinara sauce or **Very Veggie Lasagna** with layers of grilled vegetables with a spicy tomato and basil marinara sauce. Sides include creamy polenta seasonal vegetables, tossed Caesar salad, and lots of garlic bread. Coffee and tiramisu cake bites for dessert.

**1 p.m. Why Watergate Still Matters** Prof. O’Sullivan

November is the 50<sup>th</sup> Anniversary of Nixon’s election, and Chris O’Sullivan closes out the Holiday Session by drawing upon history and its relevance today. Promising plenty of mirth and laughs, Chris never fails to educate and elucidate.

**Parking for Holiday Session: Display Your Fall USF-Fromm Permit and Park in the Koret Center Lots.**

## WINTER SESSION 2019 + SCHEDULE OF CLASSES

### MONDAY 10 A.M.

Dancing on the Volcano: Berlin in the Golden Twenties  
Scandal and Mystery in Hollywood History  
Cryptocurrencies, Blockchain, and a New View of Money  
A Close Reading of James Joyce's *Dubliners*

Prof. Edelman  
Prof. Wahl  
Prof. White  
Prof. Zimmerman

### MONDAY 1 P.M.

Oscar Wilde Onstage: When the Play was the Thing  
America at the Crossroads: The Debates, the Personalities and the  
Decisions That Have Shaped and Continue to Shape America  
Evolution Today  
Ethical, Moral and Legal Dilemmas  
Exploring Opera: Intensive "Traviata"

Prof. Roatcap  
Prof. Rothmann  
  
Prof. Seaborg  
Prof. Sinrod  
Prof. Sokol

### TUESDAY 10 A.M.

Designing the Eternal City: Popes, Princes and Pilgrims in Rome  
A City Built on Hills: A History of San Francisco From Its Original  
Inhabitants Through the Gold Rush  
The Age of Extremes: Unfinished Business  
The Joy of Calculus

Prof. Evers  
Prof. Fracchia  
  
Prof. Rothblatt  
Prof. Simon

### TUESDAY 1 P.M.

Spy Movies: A Study of Film Genre and Social History  
Controlling Language: Who (or What) is in Control?  
Motown Records: The Greatest Soul Music Label  
**Seminar:** The Age of Extremes: Unfinished Business

Prof. Eilenberg  
Prof. Freed  
Prof. Unterberger  
Prof. Rothblatt

### WEDNESDAY 10 A.M.

2019 Wonders of Science Series  
Coordinated by Jerold Lowenstein, M.D.

Various Lecturers

### WEDNESDAY 1 P.M.

Postwar: Europe and the World, 1945-1965  
Healing the Mind  
Greek Drama: Looking at Ourselves in the Mirror  
The Cosmos: From Aristotle to Newton

Prof. Clay Large  
Prof. Kaufman  
Prof. Kenning  
Prof. Monson

### THURSDAY 10 A.M.

The Great Pianists  
The Films of Alfred Hitchcock, Part 2: 1940 – 1951  
Nabokov in His Time(s)  
**Seminar:** Write a Way

Prof. Foglesong  
Prof. Pepper  
Prof. Wolf  
Prof. Minninger

### THURSDAY 1 P.M.

Putting It Together: The Architecture of the American Musical  
American Political Thought  
Chinese Art: 4,000 Years of Treasures

Prof. Bailey  
Prof. Carcieri  
Prof. Hunt

## SIGN UP NOW . . . OR LATER, IT'S YOUR CHOICE

The Winter 2019 Course Catalog will be on-line on Tues., Nov. 6, after 5 p.m., or with you through the U.S. Mail shortly thereafter. Winter Pre-Enrollment, that time when everybody has an equal chance of getting all their first choice classes, runs from Wed., Nov. 7 through 3 p.m. Fri., Nov. 9. If signing up for courses that won't begin until the week of January 7 seems frantic, remember that more than 1,000 people enroll during this Pre-Enrollment period! That's more than two-thirds of all students who'll register for classes.

For the really eager among those of you who are enrolled this Fall, (new students must wait until Nov. 7 when they can review the full Courses Catalog) if you want to avoid sending an email or leaving your enrollment choices on our phone line during Pre-Enrollment, and you know the classes in which you'd like to enroll based on the newsletter published course titles and professors teaching them, you can pick up an **Earli-Enrollment Form** in the Fromm Institute Office now. Select your classes and pay your membership fee or scholarship contribution in-person by credit card or check. We'll cash your check/process your credit card and keep your application, handling it right along with all the others received before 3 p.m. on Fri., Nov. 9. Written confirmation of your enrollment will be mailed after November 14. Email confirmations will begin going out the week of Nov. 12. Remember, **There's no preferential advantage to Earli-Enrollment**, but you'll have the piece of mind that you've taken care of business before this session ends, and that's always worth quite a lot.

### SIGNING UP FOR SEMINARS . . .

Your confirmation letter will note that we have recorded your interest in the seminar(s) you have selected, but it will also say that we have not confirmed a place for you. Seminar courses are enrolled by lottery and confirmed/denied in writing after December 5. If you are signing up for a seminar, make an alternate choice. If you are not selected, you've got a space in your alternate course.

### AND WHAT ABOUT PARKING?

For those who request an application, there will be an On-Campus Parking Permit application included in your confirmation of enrollment packet/confirmation email. **The deadline for the return of these applications will be Wednesday, Dec. 5, but your check will be cashed upon its receipt.** On-Campus parking is expensive and is always limited at USF, that's why we encourage you to share the ride and costs through carpools. In our limited inventory of parking permits we will consider Disabled Drivers first, then Carpools second in the distribution. If there are any left after that, the distance from campus determines who gets a Single Driver, non-disabled permit. Should we not be able to offer you a permit, your application fee will be fully refunded.

### FOR YOUR CALENDAR

Winter Classes begin the week of Monday, Jan. 7 and end the week of Thursday, Feb. 28. "Make-Up" Week for classes cancelled by a holiday or a faculty commitment/illness will be Mar. 4 through 7. Holidays during the Winter Session (Jan. 21/Feb.18) mean all Monday courses meet seven instead of eight times in the session, with the last class held in "Make-Up" Week.

When considering your enrollment needs, remember that the Fromm Institute Office is closed Thanksgiving week (Nov. 19 through Nov. 23). The Fromm Institute and the USF campus also closes between Christmas and New Year. **The Fromm Institute office will close at noon on Dec. 14 and reopens at 9 a.m. on Jan. 2, 2019.**

## EXPRESS YOURSELF



This is the premiere of our newest Fromm Focus featured section, **Express Yourself**. Submissions are accepted on a rolling basis and can include all sorts of articles, opinion pieces or notes, written by you the students who want to share something with the larger Fromm Institute community. Drop them off or email your submissions to **Scott Moules**, in the Fromm Institute office ([fromm@usfca.edu](mailto:fromm@usfca.edu)). We have three Express Yourself articles this newsletter, from **Marlene Kono**, **Frances Pinnock** and **Katherine Wright** with an illustration by **Rosemary O'Connell**.

### A RANDOM ACT OF KINDNESS BY MARLENE KONO

*Last Thursday, I saw the flyer in the atrium about the 1st Marine Division band from Camp Pendleton playing during lunchtime in Gleeson Plaza—USF's "connection" to Fleet Week. Also mentioned in the flyer was that lunch would be available. I decided to get my lunch there and listen to the band.*

*There was a portable food counter station that had been set up. I went there, spoke with the chef, and found out what would be sold for lunch. Everything was ready except for 2 things: the electricity for the sandwich grills, and the money for the cashier. The chef's job was just the food, so he didn't know the prices for lunch. Someone else came and posted that info.*

*When they were ready to sell the lunches, mine was complimentary. This was totally unexpected, which is why I consider this a random act of kindness. It sure made my day.*

*As I was eating my Cubano, I looked back to where the lunches were being sold, and most (if not all) of the customers were Frommies. Yeah, Fromm!*

*P.S. The potato chips that came with the lunch were what I would call "Hawaiian style" in that the cut was a little thicker and it was crispy, but without all that salt. When I asked them what brand that was, I was told they make it themselves. How great is that? (As you can tell, I really liked those chips.)*

***I would like to recommend:*** **THE TWILIGHT CAFE** 2600 McAllister St., San Francisco, CA 94118  
The hours are 8 a.m. til 6 p.m. and the food is great: delicious kebabs, great sandwiches and a friendly staff. It is very popular with Fromm students and if you go by around 3 p.m. you might even catch a few of them having a cheap glass of wine or a cup of tea. **Frances Pinnock**

### WHO KNEW?

#### A SEED LIBRARY AT OUR VERY OWN GLEESON

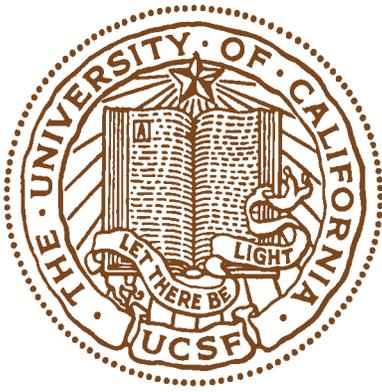
*I recently asked Carol Spector, a research librarian at Gleeson, what library resource Fromm students might not know about. Her response — the seed library!*

*A joint project of the USF Urban Agriculture Program and Gleeson Library, it opened on Earth Day, 2014, and since then more than 300 people have signed up to use it. The seed library, housed in the drawers of a beautifully restored wooden card catalog, contains packets of seeds labeled with their common names. Take a quick look under the Cs for cabbage, calendula, carrots, cauliflower, and chard. They're all free, and you're encouraged to take the whole packet; just fill out a log sheet so the librarians will know what to replenish.*

*Some seed packets also contain planting and growing instructions, and in some cases even recipes. In addition, the library has books and videos to help you get started on your own magical beanstalk. Carol added that Fromm students, some of whom have backyards, actually might make better use of the seed library than the USF undergrads.*

Researched and written by **Katherine Wright** Illustration by **Rosemary O'Connell**





## THE SECOND HALF OF AN ALREADY STELLAR MEDICAL LECTURE SERIES

The Fromm Focus reminds you to attend the Fall Session's **Wednesday morning Medical Lecture Series at 10 a.m.** Our second half of the session lectures are listed below and cover autoimmune diseases, arrhythmias, stroke and arterial disease. Please join us by taking a seat in the **Xavier Auditorium** thanks to the diligence of our Series Coordinator, **Dr. Melvin Cheitlin**. Thank you Dr. Cheitlin for coordinating another intellectually stimulating series.

**Oct. 17: “Autoimmune Diseases - When the Body Fights Itself”** with **Mary Margaretten, M.D.**, Associate Professor, Department of Medicine, UCSF. Her clinical activities include seeing patients both at San Francisco General Hospital and the San Francisco VA Hospital. Her research includes the role of systemic inflammation among patients with arthritis.

**Oct. 24: “Treatment of Arrhythmias Beyond Drugs - Shocking!”** with **Jeffrey Olgin, M.D.**, Professor of Medicine, UCSF. Dr. Olgin is a Cardiologist and a Cardiac Electrophysiologist. His main clinical interests include conduction disorders, arrhythmias, catheter ablation, implantable devices—pacemakers and defibrillators, atrial fibrillation, atrial flutter, ventricular tachycardia, sudden death and supraventricular tachycardia.

**Oct. 31: “A History of Innovations in Acute Stroke Treatment: From Clot Busters to Stent Retrievers”** with **Anthony Kim, M.D.** Dr. Kim is Associate Professor of Neurology and leads ongoing quality improvement and clinical innovation efforts as medical director of the UCSF Stroke Center. He treats both inpatients and outpatients with a variety of cerebrovascular disorders including stroke, subarachnoid hemorrhage, and TIA.

**Nov. 7: “Approaches to Prevention of Arterial Disease”** with **Melvin Cheitlin, M.D.**, Emeritus Professor of Medicine, UCSF and longtime Medical Lecture Series coordinator. In Dr. Cheitlin's words: *All attention for prevention of heart attacks and stroke have been on decreasing the cholesterol lipid LDL with statins. There is increasing evidence now that even with a properly low LDL the presence of chronic inflammation increases the risk of future heart attacks. Now there is evidence that decreasing chronic inflammation can be important in further decreasing risk of future events. We will explore this topic with the Medical Lecture “Approaches to Prevention of Arterial Disease.”*

### MAKING THE GRADE AT FROMM

#### Course Evaluations Begin Monday, October 22

Beginning on Oct. 22 and lasting until the session concludes, you are urged to blend your opinion with others and to make an Evaluation for each course you have participated in this Session. Throughout Fromm Hall, you'll find Generic Course Evaluation Forms and boxes for their return there. Pick one up and follow the instructions. Note which course you're evaluating and let the administration know how well the course and its professor met your expectation. Also, fill out the back of one of your evaluations to comment on the Fromm Program in general. The Course Evaluation process contributes greatly to our success and our understanding of our learning community. Your assistance here is invaluable and your opinion really counts.

# FISA NEWS • Fromm Institute Student Association



## FROM THE PRESIDENT

**“The FISA Steering Committee” by Lois Roach**

Last Spring, two vacancies existed on the FISA Steering Committee. Following the FISA Bylaws, Article 3, Section 4 which states that all members of the Student Council vote on filling vacancies on the Council, the Council asked for nominees. Two nominees were presented to the Council to fill the vacancies. Thus Joan Cucek and Shari Gropper were elected to the Steering Committee.

In May 2018, the election was for all four Steering Committee members, two were termed out and the two Council elected Committee members would also be out. The Steering Committee election brought forth only two candidates, Joan Cucek and Shari Gropper. Thus they were elected by Fromm students to serve for a two year term. But again there were two vacancies on the Steering Committee. And again, nominees were sought to fill the vacancies.

At the FISA Council meeting on September 17, 2018, two nominees were presented and elected by the Council to fill out the Steering Committee. These were Donna Calame and Zohar Lahav. So there are once again four members on the FISA Steering Committee... Donna Calame, Joan Cucek, Shari Gropper and Zohar Lahav! They will each be wearing a FISA name badge when they are at Fromm, so please say “Hello” and get to know, not only the FISA Officers, but also each of your four FISA Steering Committee members.



Shari Gropper



Joan Cucek



Zohar Lahav



Donna Calame



## MATINEE

**“Why Matinée?” by Maxine Einhorn**

I always loved going to the flicks – the outing, the glamour, watching together in the dark, arguing afterwards. My dad at 94 jumping out of his chair when I said, “Let’s go to the movies.” There was and always is magic in it. Matinée is about watching together, enjoying the big screen, discussing film, reliving a time we remember... Sure there is a place for movies available on demand or on Netflix but this is a different animal, a different experience even with fancy home cinemas. Watching together pulls you into an aura that you don’t feel when you’re sitting on your couch at home. What do you think?

**Here is the calendar for the rest of this session.**

Films Related to:

Professor Zimmerman’s class –  
[THE AMBASSADORS](#)

Professor Eilenberg’s class –  
**MOCKUMENTARY AND DOCUDRAMA**

**See you at the movies!**

OCTOBER		
Monday 22nd	<b>The Golden Bowl (2000)</b> 2 hours 10 mins Directed by James Ivory	3pm <i>Maraschi</i>
Wednesday 24th	<b>Cathy Comes Home (1966)</b> 1 hour 15 mins Directed by Ken Loach	3pm <i>Maier ***</i>
Wednesday 31 <sup>st</sup>	<b>Silkwood (1983)</b> 2 hours 11 mins Directed by Mike Nichols	2.45pm <i>Maier ***</i> <i>Note early start</i>
Monday 15th	<b>The Swimmer (1968)</b> 1 hour 35 mins Frank Perry & Sydney Pollack	3pm <i>Broad Room</i>

\*\*\* note rooms + times

# FISA NEWS • Fromm Institute Student Association



## COMMAND PERFORMANCES

*“Concerts & Performances” by Robert Morgan*

Here we are almost at the end of the Fall Term with lots more to come before we head out for the two month winter break.

**SAN FRANCISCO CONSERVATORY OF MUSIC CONCERTS:** There are two coming up so be sure to mark your calendars so you will not miss them. **Thursday, Oct. 18, at noon in the Maraschi Room** we will have two singers with piano accompanist in a program of *Bel Canto arias* which will follow Professor Cranna’s class on Rossini. I know all those students who are in this class will not want to miss this and we welcome all the rest of you to join what will be a terrific concert. And on **Monday, Oct. 22 at noon in the Maraschi Room** we will have A *Woodwind Trio* concert from the Conservatory to end our concerts for the Fall Session. As always these concerts are sponsored by your Student Association(FISA) and made possible by your voluntary student dues. Thanks to all of you who have paid your dues so far and for those of you who have not and appreciate these concerts and want to continue having them, please stop by the Kiosk in the Activities Hallway before you leave for the break and give.

**HUMANITIES WEST:** Their latest series of lectures and performance is coming up on **Nov. 2-3** at the Marines Memorial and titled *LATE CZARIST RUSSIAN ARTISTIC BRILLIANCE*. You may get tickets for both days, just Friday evening or the Saturday all day separately. As a Fromm Student you are entitled to discounts on tickets. Look for the postcards in the display racks for more info and ticket information.

**CAPPELLA ROMANA:** A new group is performing next door at St. Ignatius Church on a few Saturday evenings. They have pre concert talks at 7:00 p.m. and you are entitled to discounts as Fromm members. Look for their postcards and ordering info or go to their website [cappellaromana.org](http://cappellaromana.org) for more info.

Before you leave for the break be sure to look in all the display racks in the Activities Hallway for lots of performance info run during the next two months. *ARTS MONTHLY MAGAZINE* is there too and special forms I have assembled for websites and Opera Online ordering of RUSH tickets. Also a reminder that the break is an excellent time to register with your favorite performing arts groups to receive their emails so that you will get their latest info on great deals. Be sure to look for me in the Activities Hallway in the remaining weeks on Wed. afternoons and all day Thursday if I can help you with any questions you may have. Have a great break and I look forward to seeing you in January for the Winter Session.



## NEW MEMBERS COMMITTEE

*“Want Advice From Seasoned Frommies?” by Frances Pinnock*

*Are you wondering which classes to take even if you have been coming to Fromm for years?*

*Are you the kind of person who chooses the classes according to the popularity of the professor?*

*Are you a new Frommie and have some comments you would like to share with other Frommies?*



If you fit into any of these categories and would like to meet with “seasoned” Frommies willing to help and prepared to speak the truth and nothing but the truth, we would love for you to join us! Would you like to have a first look at the new catalogue before it is published?

**JOIN US AT NOON IN THE BROAD ROOM ON TUESDAY, OCTOBER 23.**

## UPCOMING EVENTS & LUNCHTIME TALKS

'Zine Workshop	Tuesday, Oct. 16, 3 p.m.	Broad Room
Two Sopranos - Belle Canto Songs	Thursday, Oct. 18, Noon	Maraschi Room
SF Conservatory - Brass Ensemble	Monday, Oct. 22, Noon	Maraschi Room
Short Play Tuesday	Tuesday, Oct. 23, Noon	Maraschi Room
'Zine Workshop	Tuesday, Oct. 23, 3 p.m.	Broad Room
Gen to Gen Social Club	Wednesday, Oct. 24, Noon	Maier Room
'Zine Workshop	Tuesday, Oct. 30, 3 p.m.	Broad Room
Walk Don't Run	Every Mon., Wed., Thurs., Noon	Meet in the Lobby

### SHORT PLAY TUESDAY

Original pieces written and performed by Fromm students.

**Tuesday, October 23, 2018, NOON in Maraschi Room.**

Bring your lunch and enjoy watching the Fromm Players!

#### PROGRAM

*Special Delivery* by Mary Melissa Grafflin

*The Selection Committee* by Dorothy Auerbach

*Breastfeeding* by Joan Minninger

*Interview with Donald Trump's Mother* by Dorothy Auerbach

*Briana* by Ron Jones

And other assorted original plays and readings!

Presented by Fromm Playwrights, an 8 year old group of Fromm Institute Students who meet each month to read, critique and improve each other's work. We do short works (15 min max): plays, short stories, poems, book chapters, memoirs, and improv. If interested in writing, reading, performing, or just observing, contact either: **Judy Shulman: judyshulman@hotmail.com** or **David McClure: dgm9sf@gmail.com**.

*Fromm Playwrights performances will have lunch boxes available for purchase that day.*

*If you'd like to order one in advance see Carla in the Fromm Institute office.*

### GLEESON LIBRARY OFFERS 'ZINE WORKSHOP

***Just in case you missed the last article on the 'Zine Workshop*** - The Gleeson Library invites you to find out what Zines are all about. A "Zine" is a self-published magazine. They come in many forms: anything from hand printed art stitched together in a cloth binding to photocopies stapled together. And 'Zines can be about anything: poetry, short stories, photography, comics, memoirs, social commentary and criticism. Zinesters are people who make zines, they do so out of a love for creating and a need to express themselves. The Gleeson Zine Library focuses on social justice issues and seeks to represent underrepresented voices but considers any donation on any topic from the USF Community. It is located on the second floor of the Gleeson Library. ***Come join us, make some 'Zines and learn some simple binding techniques. Sign up in the Fromm Institute office. 'Zine Workshops held on Oct. 16, 23 & 30 at 3 p.m. in the Broad Room.***