WHAT A FEW WELL CHOSEN WORDS WILL DO

Hieroglyphics to cursive, typed or word processed, the written word does have power. Its presence before our eyes and on our minds can influence or sway us. It can engage our emotions or lend strength to an opinion or, in the case of those words strung together on the next page, print-on-page can spark the imagination and encourage our pursuits. For those of us who live in this “Emoji-ed” time of uber-pervasive visual technology, it’s worth noting that the written word still matters.

At the Fromm Institute “Week Six and Seven” are now upon us. With just a few more weeks before this Fall Session concludes, the anticipated announcement of the faculty and courses that will fill Fromm Hall’s classrooms next term, now appears on page two of this newsletter. Known as our Winter Session, this upcoming term scheduled for the early weeks of the New Year, promises more great learning opportunities for the students who will attend.

With full course descriptions and professors’ biographies released on November 10 in our 2016 Winter Course Catalog, the Fromm Institute is now happy to share brief lines of writing — the titles that may inspire you to select them, and the teacher’s names who will make those words come alive. While this list can in no way explain the full parameters of the twenty-seven topics from which you’ll be able to choose, it will allow you to anticipate subjects and professors that will fill your days during January, February and early March with Fromm’s particular brand of intellectual and social satisfaction.

If there ever were a benefit to this written exercise, the Fromm Institute would like to think that having reviewed our preview of the upcoming session, current students might now make their course choices thanks to what they have encountered in print. From the Monday morning’s “Joy of Geometry” to Thursday afternoon’s “History of Islam,” you’re invited to read and consider which of these well chosen words will be the ones you’ll focus on for your Fromm Institute future. Please turn the page and see which inspire and motivate you to select them and, if you are so inclined, enroll in the Fromm Institute for Lifelong Learning at the University of San Francisco once again. If nothing on page 2 works for you then

Words Do Make a Difference, Don’t They!
Winter Session 2016
Schedule Of Classes

Monday 10 a.m.
- The Joy of Geometry
  Prof. Arthur Simon
- Revolution, Reaction, Romanticism
  Prof. Manfred Wolf
- Movie Stars: Overpraised, Overpaid, or Overwhelming
  Prof. Jan Wahl

Monday 1 p.m.
- Seeing Things: The Poetry of Seamus Heaney, Part 2
  Prof. Robert Tracy
- Bonnard & His Contemporaries
  Prof. James Kohn
- Jerusalem: History, Religion, Politics
  Prof. John Rothmann

Tuesday 10 a.m.
- Great (Jewish) Women of the Bible
  Rabbi Jay Krause
- A Light from the East: Cultural Efflorescence
  In New England & New York
  Prof. Charles Fracchia
- Visualizing Love in the Renaissance*
  Prof. Sunnie Evers*
- Climate Change, Drought and 38,000,000 Residents: What’s Ahead for California?
  Prof. Joseph Bodovitz
- Concept of Culture in Historical Perspective
  Prof. Sheldon Rothblatt

Tuesday 1 p.m.
- Seminar: On the Concept of Culture
  Prof. Sheldon Rothblatt
- Great American Free Speech Cases
  Prof. Martin Carcieri
- America on Stage & Screen: The 1970s
  Prof. Lawrence Eilenberg
- Creation Myths of Our Civilization
  Prof. Douglas Kenning

Wednesday 10 a.m.
- 2016 Wonders of Science Series
  Coordinated by Jerold Lowenstein, M.D.
- Modern Physics IV: The Universe Large to Small
  Prof. Terrance Mulera
- The Construct of Their Character(s): Three African American Authors & Their Social Context *
  Prof. Roger Birt*
- Ballet: The Royal Entertainment
  Prof. Adela Roatcap
- Between Two Fires: European Politics, Culture, Society in the 1920s & 1930s
  Prof. David Clay Large

Thursday 10 a.m.
- Seminar: Writing the Short Story
  Prof. Cary Pepper
- Brahms
  Prof. Scott Foglesong
- Eminent Progressives
  Prof. Robert Brandfon
- Paris After Dark: The Belle Époque and The Jazz Age *
  Prof. William Eddleman*

Thursday 1 p.m.
- The Uncensored Bible
  Prof. Patrick Hunt
- Turn, Turn, Turn: The Folk Rock Revolution, Part 2
  Prof. Ritchie Unterberger
- History of Islam, Part 2: Islam in the Modern World
  Prof. Nikolaus Hohmann

* These Professors are new to the Fromm Institute
SO HOW SOON CAN YOU SIGN UP FOR WINTER CLASSES???
NOW OR THEN, IT’S YOUR CHOICE

The 2016 Winter Course Catalog will be on-line and on its way through the U.S. Mail on Tues., Nov. 10, after 5 p.m. Winter Pre-Enrollment, that time when everybody has an equal chance of getting all their first choice classes, runs from Wed., Nov. 11 through 3 p.m. Fri., Nov. 13. If that seems early for classes that won’t begin until the week of January 11, remember that more than 900 people enroll during the Pre-Enrollment Period! For the really eager among returning students, (new students must wait until Nov. 11) if you want to avoid sending an email or leaving your enrollment choices on our phone line during Pre-Enrollment, and you know the classes in which you’d like to enroll based on the newsletter published course titles and professors teaching them, you can pick up an Earli-Enroll Form in the Fromm Institute Office now. Select your classes and leave a check or pay in-person by credit card for your membership fee or scholarship contribution. We'll cash your check/process your credit card and we'll keep your application, handling it right along with all the others received before 3 p.m. on Fri., Nov. 13. Written confirmation of your enrollment will be mailed after Nov. 17.

For those who get anxious about classes, or are travelling, this is a great way to get your Winter enrollment out of the way. As noted above, your applications will be randomly processed with the hundreds of others received during the Pre-Enrollment Period. There’s no preferential advantage to Earli-Enrollment, but you’ll have the piece of mind that you’ve taken care of business before school ends, and that’s always worth quite a lot.

AND WHAT ABOUT PARKING?
For those interested, there will be an application for an On-Campus Parking Permit included in your confirmation of enrollment packet. The deadline for the return of these applications will be December 9 and the check you must submit with your application will not be cashed until then. On-Campus parking is expensive and is always limited at USF. That’s why we encourage you to share the ride and costs through carpools. Finally, remember that, as we have done in the past with our limited inventory of parking permits, we will consider Disabled Drivers first, then Carpools second in the distribution. If there are any left after that, the distance from campus determines who are the lucky few to get a Single Driver, non-disabled permit.

FOR YOUR CALENDAR
2016 Winter Classes will begin the week of Monday, January 11 and end the week of Monday, February 29. “Make-Up” Week, when classes cancelled by holiday or a faculty commitment/illness are finalized, will be March 7 through 10. Two Winter Monday Holidays are January 18 and February 15. These, Monday courses at Fromm will meet from 10 to Noon and from 1 to 3 p.m. to accommodate seven instead of eight meetings during the session.

The Fromm Institute Office and the USF Campus is closed around Christmas and New Year. This year the Fromm Institute will close on Friday, December 18 and re-open on Monday, January 4.

PRESENTATION & BOOK SIGNING
JOSEPH LURIE’S PERCEPTION AND DECEPTION
Professor Lurie’s connection to the Fromm Institute where he often teaches and serves on the Friends of the Fromm Institute, makes him someone we are always eager to welcome or welcome back to Fromm Hall. This Session he’s agreed to join us on October 27th at noon for a “Listen and Learn” Book Signing Event. On that day he will talk about, and offer to sign copies of his new book that has been hailed as a “wondered-filled book” and a “delicious feast that will long nourish the spirit and the soul.” Join us on October 27 at noon in the Maraschi Room as he presents Perception and Deception.
THE MOST WONDERFUL TIME OF THE YEAR
Fromm Institute 2015 Holiday Lectures

It doesn’t take Andy Williams singing, “It’s the Most Wonderful Time of the Year” to get the Fromm Institute in the holiday spirit. With days to go before we get Michael Jackson’s “Thriller” out of our head, our school is already looking forward to singing the dreidel song and decorating Fromm Hall for the holidays.

For those who’ve yet to be a part of our season of sharing, our December Holiday Lectures are two days of outstanding lectures, centered around two sumptuous meals that bring us together to celebrate “auld lang syne.” This year on Tuesday, December 15 and Wednesday, December 16, Fromm Hall will be filled with trees, wreaths and candelabrum, all lighted to celebrate the Holidays. It’s our hope that you’ll join us as our school, and four of our faculty members, put on our holiday best to spread holiday cheer and raise funds for a scholarship that the Fromm Institute offers to a USF undergraduate.

This year tickets (required for participation in the Holiday Lectures) are individually available per day for $75. That includes the morning and afternoon lectures and lunch. That price includes a $40 tax-deductible contribution to The Fromm Gerontology Scholarship that grants a deserving USF Junior year student in the University’s Gerontology Program our $5000 award toward Senior year tuition.

Tickets are now available in the Fromm Institute Office for $75 per day. You can purchase them now for one day, or both. Each year these tickets go fast so you are advised that there are only 200 available per day and, believe it or not, will more than likely be unavailable soon. Our Holiday Lectures always sell out. Here’s a more detailed list of our program (and menu) for each day.

Tuesday, December 15

10 a.m.  Professor Kip Cranna  “Loving Italian Opera: A 400-Year Whirlwind Tour from Birth to Now”
Who invented Italian opera? And Why? How has it evolved? We’ll explore all these questions in Kip Cranna’s video guided tour through four centuries of operatic development, from Baroque to Classic, Bel Canto to Verismo, with stops along the way to savour some prime examples of changing styles and tastes in music’s grandest art.

Tuesday’s Lunch  Babbo Natale’s Italian Feast — After a morning of Italian Opera what better banquet than a hearty Lasagna (both Meat and Vegetarian) accompanied by lots of Garlic Bread and a crisp Caesar Salad with Polenta Croutons. All that will be followed by coffee, tea and Tiramisu Cake Bites.

1 p.m.  Professor Chris O’Sullivan  “FDR’s Women”
Chris O’Sullivan will share his insights from three decades of research about the elusive Franklin Roosevelt and the remarkable women who shaped his life. From FDR’s resolute and much-maligned mother, Sara Delano, to his iconic wife, Eleanor, women influenced him to an extraordinary degree. Yet, many other women also proved significant such as his enigmatic longtime assistant, Marguerite LeHand; his accomplished Labor Secretary, Frances Perkins; his devoted daughter Anna, who functioned as his White House hostess and companion during the final months of his life; and even his mysterious mistress Lucy Mercer, in whose presence he died in 1945.

Happy holidays
Wednesday, December 16

10 a.m.  Professor David Clay Large  “Taking the Waters: A Historical Journey Through the Grand Spas of Central Europe”

In the era between the French Revolution and World War I, wealthy folk from all over the world underwent months-long “cures” at grand Central European spa-towns like Baden-Baden, Wiesbaden, Bad Gastein, Karlsbad, and Marienbad. But these and other great spas were never merely about “healing” – or the hope of healing. They were showcases of cultural achievement and incubators of serious art; hives of lively social networking and gossip-mongering; arenas of sport from golf to motoring; meccas of gambling and gluttony; and glittering stages for high-level politicking. Imagine today’s rehab centers, country clubs, sexual hideaways, casinos, literary retreats, music festivals, and political summits—all rolled into one. In this presentation we revisit the grand spas during their glorious heyday, taking the waters (sans towels) with illustrious curists from Goethe and Beethoven to Karl Marx and Mark Twain.

Professor Clay Large will be signing copies of his new book *The Grand Spas of Central Europe: A History of Intrigue, Politics, Art, and Healing* immediately after the lecture for those who wish to purchase — a great holiday gift from a great Fromm Professor.

Wednesday’s Lunch  Mrs. Claus’ Roasted Pork Loin — Oven Roasted Pork Loin with Sauteed Red Cabbage, Apple Slaw and Honey Sage Sauce served with Scalloped Potatoes and Seasonal Vegetables.  Or the Grinch’s Grilled Vegetarian Napoleon — Layers of Grilled Vegetables with a Hooville Tomato and Basil Marinara served with Creamy Polenta and Fresh Baked Rolls. Each entree will be followed by Coffee, Tea and Chocolate Raspberry Mousse Cake Bites.

1 p.m.  Professor Scott Foglesong  “The Music of My Early Days”

We all remember certain musical compositions that made deep impressions on us when we were very little. Scott Foglesong talks about, and demonstrates, some of the music that meant the most to him in childhood—including a beat-up but still playable record of Tchaikovsky’s Nutcracker Suite, Dvořák’s wonderful New World Symphony, Stravinsky’s Firebird, Debussy’s La Mer. And we won’t forget certain very special performers: pianist Arthur Rubinstein, harpsichordist Wanda Landowska, and aristocratic violinist Nathan Milstein. A bit of Broadway just might creep into the coverage, not to mention several motion picture scores that played major roles in creating not only a future musician, but also an audiophile-to-be.

Free Parking in the Koret Center Lots for the December Holiday Lectures

MAKING THE GRADE AT FROMM Course Evaluations Begin Monday, October 26

Beginning on Oct. 26, the start of the 7th week of classes and lasting until the session concludes, you are urged to blend your opinion with others and to make an Evaluation for each course you have participated in this Session. On the information table in each classroom, you’ll find a Course Evaluation that is generic to that course and its professor. There’s also a box for their return there. Pick one up and follow the instructions. Evaluate as directed and let the adminsitration know how well the course and its professor met your expectation. Also, don’t forget to fill out the back of one of your evaluations where you can comment on the Fromm Program in general. The Course Evaluation process contributes greatly to our continued success and our understanding of the learning community we serve. Your assistance in this task is invaluable and your opinion really counts. If only a few rate it, all it takes is a couple of curmudgeons or some false praise to affect the perception of a course. When many respond, a truer picture comes into focus. Thanks for making that so.
FROM THE PRESIDENT  “Outside of Class Activities” by Lois Roach
Have you noticed the increase of “after school” activities that are taking place at Fromm Institute? Until about a year ago, everyone left Fromm Hall for home or elsewhere after 2:40 p.m. Now each Session seems to bring new extracurricular activities that begin at 3 p.m. You can extend your day at Fromm with singing, movies, discussing Folk Rock, discovering the history of San Francisco or brushing up on your Spanish. Ideas from students at Fromm were either directly or indirectly responsible for all of these extended day activities. Speaking of extra activities...it was a “sold out” noontime performance for the SF Conservatory's Jazz Trio. These conservatory concerts are one of the benefits you receive from paying your $5 per session dues to the Fromm Institute Student Association. Oh, and the “sold out” cupcakes at the concert were another dues’ benefit.

TOUR & TRAVEL NEWS  “Places Near & Far” by Susan P. Kennelly
The “Romantic Villages of Alpine Europe” are calling! A “Brown Bag” on Thurs. Oct. 22 at noon in the Maraschi Room will illustrate some of the highlights of this 16-day tour offered next summer. For this excursion a $200 per person discount is good thru Oct. 22 only. Beginning July 30 you’ll fly overnight to Milan, then be transported to Stresa on the shores of Lake Maggiore, your first look at the Alpine splendor you'll enjoy for the next weeks. A cruise of the Borromean Islands brings you to incomparable gardens, a taste of what lies ahead. From Stresa your overland journey goes on to Interlaken via the Simplon Mountain Pass, then by train to Zermatt with its fabulous views of the Matterhorn. Off to Lichtenstein, then Innsbruck, Austria, the Bavarian countryside and finally Munich. Join us for the “Brown Bag” preview of this delightful and cool – in every sense of the word – summer journey.

Only a few places remain for the dream trip “Italian Lakes, Greek Islands & Venice.” Departing May 4, this tour has a few cabins in each category available on the Norwegian Jade, all on a first-come basis. Don’t wait if you want to participate in this adventure.

Closer to home is the “16th Annual Ashland Shakespeare Festival Tour” set for June 21-24. We await confirmation by the box office of this year’s four plays. The tour will include all the customary amenities: roundtrip deluxe motorcoach, two private lectures; choice of backstage tour or Q&A with a company member, welcoming dinner and Ashland’s finest hotel, the Plaza Inn & Suites. Watch for the flyers in the Activities Hallway.

Meanwhile, Frommies are exploring Cuba and, by the end of this fall session, will be headed for Rome & Naples with Dr. Kenning and soon (with me along) touring “The Wonders of South America.” Please contact me on campus every Thursday or by phone (707) 257-1804 or susanpk123@gmail.com. Happy Travels!
COMMAND PERFORMANCES  “Details, Details” by Robert Morgan

The present and future is exciting in the performing arts. Don’t forget that the Tony Award winner “A Gentleman’s Guide to Love and Murder” coming from B’way in December. I’m psyched! As this is the last column for me until next January, here are some details about the local scene.

The final SF Conservatory of Music Concert is scheduled for Thursday, Oct. 29 at noon in the Maraschi Room. Pianist Michael Delfin will perform a delightful program of piano concertos. Be on time and remember, this concert is a Fromm Institute Student Association event funded by your voluntary dues. If you want more marvelous music then I strongly encourage you to become a member of the “Conservatory” and enjoy the concerts that they offer each year. Their seasonal list of concerts and the membership envelope are in the display racks and will be available at the concert.

There is still time to take advantage of the 1/2 off discounts for the San Francisco Opera’s “Create Your Own Series” for the remainder of their Fall season and next Summer operas too. If you are interested, pick up the info sheets in the right middle display rack and order now. If you’re on the fence, take one with you as these are great savings.

I have devised a questionnaire for those of you who currently have the San Francisco Symphony Fromm Institute Student Discount Series. I would like your feedback as to how you feel about next year if you are no longer offered discounts for next season. Please pick this form up at the Welcome Booth in the lobby and return it there or to me. Your feelings will guide me in my discussion with their marketing group. For those not “grandfathered” into this vanishing program, discounts for individual performances to the Symphony are available through RUSH on day of performance at $20. You can sign up for a weekly on-line list from GOLDSTAR, too. The SF Symphony and most performing arts groups in the Bay Area offer discounts in advance on GOLDSTAR.

The Performing Arts display racks (middle two) in Activities Hallway are overflowing. Be sure to take any material with you except those marked “FROMM HALL COPY: PLEASE DO NOT REMOVE.”

***Short Play Thursday***

Five original plays written and performed by Fromm students.

Thursday, Nov. 5, Noon – 12:45 p.m., Maraschi Room

Order a box lunch from the office and enjoy lunch and 5 Short Plays.

Program

Saving Charlie by Diane Price. “Another one of those Grandma Scams?!”
Cool by Ron Jones. “So you want to be Cool? All it takes is a little mint jam.”
Different Languages by Judith Shulman. “Huh? Yes, Dear. Of course I was listening.”
Up to Something by Chuck Edelstein. “Noises in the basement. They are up to something!”
Henry and the Therapist, Part III by Frank Stillman, Ann Ludwig, Diane Price, Judy Shulman, and Joan Minninger. “A wife, a therapist, an angel and a decision. Life was easier selling Cadillacs.”

***Presented by Fromm Playwrights, a 3 year-old group of Fromm Students who meet each month to read, critique and improve each other’s work. We do short works (15 min max): plays, short stories, book chapters, memoir, and improv. If interested in writing, reading, performing or just observing, contact either: Chuck Edelstein: chucked1@gmail.com or David McClure: dgm9sf@gmail.com.
UPCOMING “BROWN BAGS”

Thur., Oct. 22 "Romantic Villages"  
with Susan Kennelly, FISA Tour & Travel Volunteer

LISTEN & LEARN LUNCH *

Tues., Oct. 27 "Book Reading: Perception & Deception"  
with Joseph Lurie

Thur., Nov. 5 "Short Play Thursday"  
with Fromm Playwrights  
* Order a box lunch, $10, Fromm Office

FISA?CONCERT

Thur., Oct. 29 "Classical Piano Soloist"  
with SF Conservatory Student

MEDICAL LECTURE SERIES  
CONCLUDING A GREAT SERIES

* On Oct. 21, Lynn Flint, M.D. will trace the history of death and dying within the medical field, describing the approach to serious illness and end of life care in today's health care system in her lecture “Dying in the 21st Century: The Role of Palliative Medicine.” Dr. Flint is an Asst. Prof. of Clinical Medicine, Division of Geriatrics at the UCSF School of Medicine. She cares for older adults facing physical and cognitive impairment who reside at the SF VA Medical Center.

* On Oct. 28, Erika Price, M.D. will look at blood thinning drugs in a lecture she has entitled “Anticoagulant Medications: Tried and True Versus Shinny and New.” As Asst. Prof. of Medicine at UCSF and a hospitalist at the SF Veterans Medical Center, she sees many older patients who have health conditions for which “blood thinners” such as Warfarin are prescribed. More recently, several new medications have become available. Are these “Target Specific Oral Anticoagulants” or TSOACs all they promise to be? This talk will review the reasons for taking anticoagulants, how they work, some data on their benefits and risks, and what people should know when trying to decide whether these medications are right for them.

* On Nov. 4, Series Coordinator Mel Cheitlin, M.D. will take us into the world of his medical specialty cardiology as he lectures on “Aortic Anuerysm and Dissection.” An aortic aneurysm occurs when a weak spot in the wall of your aorta begins to bulge. An aortic dissection is when the inner layer of the aorta, the large blood vessel branching off the heart, tears. Both of these are serious, and can be fatal. Dr. Cheitlin will talk about how they can and should be detected early and treated promptly improving greatly the consequences of these heart related conditions.

* On Nov. 11 as part of our “Make-Up” Week, Laurence Cheng, M.D., will look at “Preventing Food Allergies: Addition Through Addition.” It's estimated that approximately 4% of adults and teens, and about 5% of children under the age of 5 suffer from food allergies and according to the Centers for Disease Control and Prevention, food allergies increased dramatically between 1997 and 2007. Dr. Cheng is an Asst. Prof. of Clinical Medicine, Pediatrics, who specializes in understanding human allergic disease.